



Riders Briefing

GRANFONDO 30 AUGUST 2026 – NISEKO - JAPAN



Unity. Passion. Integrity. Excellence.

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INTRODUCTION

INTRODUCTION

PRESENTERS

- **ZAC PRENDERGAST (NZL)**
President of the Commissaires' Panel
- **KAZUKI MAEDA (JPN)**
Local organizer
- **ONOGUCHI HIROAKI (JPN)**
Japan Cycling Federation
- **VERVECKEN Erwin (BEL)**
UCI Gran Fondo World Series - UCI Technical delegate

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PARTICIPANTS

PARTICIPANTS

COUNTRY LIST					
JPN 324	NEU 44	CRC 11	IRL 6	IND 3	ARG 1
AUS 173	COL 33	BLR 10	MEX 6	TAN 3	BOL 1
FRA 67	BEL 29	KAZ 10	SWE 6	ALG 2	CYP 1
GER 65	CAN 27	CHI 9	CRO 4	EST 2	ECU 1
POL 61	ESP 26	ISR 9	FIN 4	HUN 2	GUA 1
GBR 57	NED 25	LAT 9	LTU 4	LUX 2	NAM 1
HKG 55	NZL 25	POR 9	MGL 4	MAC 2	PHI 1
USA 53	SUI 23	KOR 8	SVK 4	SGP 2	TPE 1
ITA 48	BRA 18	GRE 7	TUR 4	SRB 2	UKR 1
RSA 48	NOR 13	CZE 6	UAE 4	VEN 2	
CHN 45	SLO 12	DEN 6	AUT 3	ZIM 2	



1447 RIDERS / 64 COUNTRIES

START TIMES

CATEGORY	STARTTIME
MEN 19-34	6:00
MEN 35-39	6:05
MEN 40-44	6:10
MEN 45-49	6:15
MEN 50-54	6:20
MEN 55-59	6:23
WOMEN 19-34	6:25
WOMEN 35-39	
WOMEN 40-44	6:27
WOMEN 45-49	
MEN 60-64	6:37
MEN 65-69	6:39
MEN 70-74	
MEN 75-79	
MEN 80-84	
MEN 85-89	
WOMEN 50-54	6:41
WOMEN 55-59	
WOMEN 60-64	
WOMEN 65-69	
WOMEN 70-74	
WOMEN 75-79	
WOMEN 80-84	



PARTICIPANTS PER AGE GROUP



CATEGORY	MEN	WOMEN
19-34	208	45
35-39	151	33
40-44	146	30
45-49	144	29
50-54	150	32
55-59	140	33
60-64	113	23
65-69	62	11
70-74	22	4
75-79	12	5
80-84	2	-
85-89	-	-

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GENERAL INFORMATION

GRANFONDO COURSE



- Distance 140km
- 2376m of elevation
- Start : Gondola Zaka Street (just ahead of the intersection below)
- Finish : Gondola Zaka Street (350m up the street)
- Men 19-59 / Women 19-49

MEDIOFONDO COURSE



- Distance 76km
- 1572m of elevation
- Start : Gondola Zaka Street (just ahead of the intersection below)
- Finish : Gondola Zaka Street (350m up the street)
- Men 60+ / Women 50+

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SPORTING ASPECTS

SPORTING ASPECTS



- **Presentation**
- Zac Prendergast



SPORTING ASPECTS



JERSEYS

- Wearing the national jersey is mandatory
 - It doesn't have to be the official national team jersey
 - But a jersey representing the country of your nationality
 - It should be a copy of the national team jersey.
 - Private (club) sponsors are allowed
- Defending World Champions are not allowed to wear their rainbow jersey.
- No rainbow stripes on any clothing or equipment

SPORTING ASPECTS



BIB NUMBER

- Pin your bib number on the lower part of the back
- This number must be clearly visible. It cannot be folded or cut!
- The number is a back number, NOT a (front) number plate!
- You must use the helmet sticker (left side please).

BACK NUMBERS

- Each age category has a different color of back number
 - The colors are to indicate to riders who they are competing against
 - Men and Women of the same age category have the same color of back number



34 OC Age: 19-34 Men & Women	54 OC Age: 50-54 Men & Women	74 OC Age: 70-74 Men & Women
39 OC Age: 35-39 Men & Women	59 OC Age: 55-59 Men & Women	79 OC Age: 75-79 Men & Women
44 OC Age: 40-44 Men & Women	64 OC Age: 60-64 Men & Women	84 OC Age: 80-84 Men & Women
49 OC Age: 45-49 Men & Women	69 OC Age: 65-69 Men & Women	89 OC Age: 85-89 Men & Women

PRIORITY BOX



- Riders finishing in the top 3 per qualifier event and at the 2025 UCI Gran Fondo World Championships can take part in a priority box per category which is put in front of the regular start box per category
- **Important**: we will only apply for those categories with 100+ riders
- Combined start groups (Women 50+, Men 65+) will not have a priority box, even if the combined group is bigger than 100 riders.
- The priority box riders have been informed per mail and are expected to arrive prior to the start on the parking next to the finish. They will jump on the first line just after the start of the previous category.

PRIORITY BOX



PRIORITY BOX



SPORTING ASPECTS



TIMING & RESULTS

- Attach your timing chip to your fork
- All riders in the same start wave will receive the same start time (Gun time)
 - Gun time is your time from when the start gun/horn goes off until you cross the finish line
 - The first three riders in each category from the confirmed results will be invited to the medal ceremonies

SPORTING ASPECTS



RULES & REGULATIONS

- All age categories will have separate results and world titles, even if there is only 1 rider at the start
- Official results will be published as soon as possible after your race.

SPORTING ASPECTS



RULES & REGULATIONS

- If age groups merge, they can ride together
 - drafting with another group is allowed!
- Riders waiting for a group behind to help another rider will be disqualified from the race
- Especially male riders waiting for a female to help her in the group behind will be disqualified from the race

SERVICING AND ASSISTANCE



SERVICING AND ASSISTANCE CAN ONLY HAPPEN ON THE LEFT SIDE OF THE ROAD

NEUTRAL SUPPORT



- Riders are advised to bring their own spare tube/tubular in the race to fix a flat tyre.
- There is neutral service following the race but with the different systems it is impossible to serve all riders

OUTSIDE ASSISTANCE



- Riders will need to stop in feedzones and grab drinks/food/nutrition themselves
- A helper/relative may hand out a bottle/drink everywhere on course, except for downhills

FEED ZONES

FEED ZONES

- Km 38 : Nakoma (only Granfondo)
- Km 84 : Yuki Chichibu (km 19 in Mediofondo)
- Km 120 : Waisu (km 56 in Mediofondo)

There is a waste zone in each feedzone.

A helper/relative may hand out a bottle/drink everywhere on course, except for downhills. Mind that we don't allow traffic on course during the event!

Throwing away an empty bottle towards your personal helper is allowed, throwing away gels/bars outside the feed/waste zones means disqualification.

FEED ZONE 1

• <https://maps.app.goo.gl/taG2N4twWcWmro6m9>



Km 38
(Granfondo only)

FEED ZONE 2

<https://maps.app.goo.gl/gAk4UEJuShgv1RpM7>



Km 84 Granfondo

Km 19 Mediofondo

FEED ZONE 3

<https://maps.app.goo.gl/EY8La1pQvj7EpMgS8>



Km 120 Granfondo

Km 56 Mediofondo

SPORTING ASPECTS



SAFETY REGULATIONS

- Wearing of a helmet is mandatory
 - If participants are identified by a member of the organisation without their helmet their race number will be immediately withdrawn

BIKES



- Bikes must conform to UCI regulations
 - There will be checks in the start boxes.

Summary of the bike regulations:

The minimum weight is 6.8 kilograms (without bottles and computers)

HANDLEBAR WIDTH – ROAD RACE

UCI GRAN FONDO WORLD CHAMPIONSHIPS



How

VISUAL CHECK

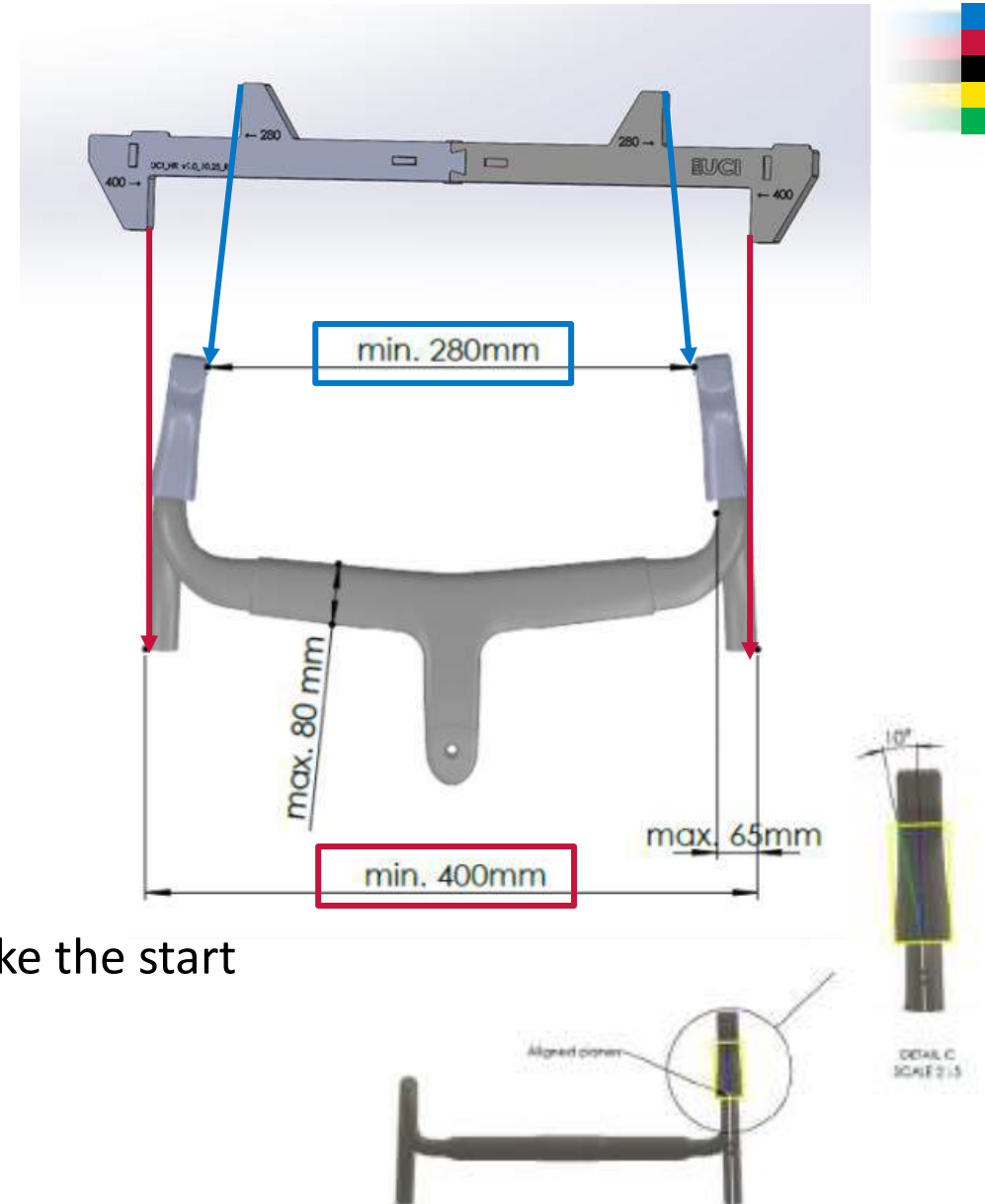
- Levers inner distance (280mm)
- Drops overall distance (400mm)
- Levers angle (10 degrees)

When

- On the start line

If not compliant, equipment must be modified to take the start

Checks can also be done at the finish



ARTICLE 1.3.008 – RIDER'S POSITION – ROAD RACE

UCI GRAN FONDO WORLD CHAMPIONSHIPS

1.3.008: The rider shall normally assume a sitting position on the bicycle. This position requires that the only points of support are the following: the feet on the pedals, the hands on the handlebars and the seat on the saddle. Furthermore, the rider must ensure firm control over the bicycle at all times.



ARTICLE 1.3.031 – CORRECT POSITION/USE

UCI GRAN FONDO WORLD CHAMPIONSHIPS



1.3.031: [...] *Each rider shall be responsible for: wearing the helmet in accordance with the security regulations in order to ensure full protection, including but not limited to a correct adjustment on the head as well as a correct adjustment of the chin strap [...]*



DNS



ARTICLE 1.3.006 – ONBOARD TECHNOLOGY

UCI GRAN FONDO WORLD CHAMPIONSHIPS

1.3.006: *Onboard technology devices, which capture or transmit data, may be fitted on bicycles or worn by riders subject to being authorised [...] any device which captures or transmits data as described below, [...].*

1. *Devices which capture or transmit the following types of data are authorised:*

- [...];

- *Image: still or moving images or footage captured from the bicycle (such devices may only be fitted on the bicycle unless specific regulations of a given discipline authorise devices being worn by riders);*



ARTICLE 1.3.032 – SHOE COVERS

UCI GRAN FONDO WORLD CHAMPIONSHIPS

1.3.0032: *Clothing and other items or accessories worn by a rider (including but not limited to helmets, glasses, shoes or in-race communication devices) may **not modify the morphology of the rider.***

Moreover, **any non-essential element or device which is added on (or under) or integrated in any clothing, or other item or accessory worn by a rider shall be forbidden.** A non-essential element shall be any element which does not have a purpose which is exclusively of clothing or protection, or which is not strictly necessary for the functionality of the clothing, or other item or accessory. This shall also apply regarding any material or substance applied onto the skin or clothing and which is not itself an item of clothing or another item or accessory worn by a rider.



Article 1.3.032 - Clarifications



UCI - Equipment

To ○ UCI - Equipment

Cc ● Brunet Emmanuel; +4 others



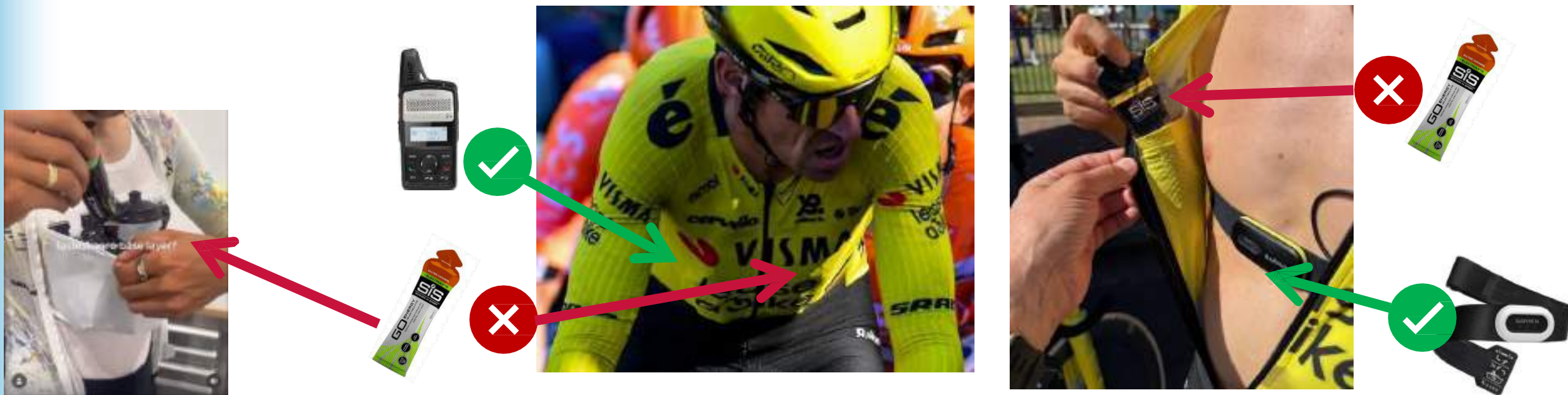
You forwarded this message on 29.04.2026 15:24.



ARTICLE 2.2.024 & 2.2.025BIS – JERSEY AND POCKETS

UCI GRAN FONDO WORLD CHAMPIONSHIPS

1.3.032: *Clothing and other items or accessories worn by a rider (including but not limited to helmets, glasses, shoes or in-race communication devices) may not modify the morphology of the rider.*



ARTICLE 1.3.032 – ITEMS UNDER CLOTHING

UCI GRAN FONDO WORLD CHAMPIONSHIPS



- Authorised sensors*: heart rate, temperature, etc.
- Radios – when allowed



- Unauthorised sensors*: glucose, lactate, etc.
- Food
- Other non-essential items



MOTOR CHECKS

UCI GRAN FONDO WORLD CHAMPIONSHIPS

Motor checks will be conducted

- All bikes before the start of the time trial
- Random at the end of the race – you will be identified in this case

Evasion of a check is a serious infringement

- This applies to all checks

SANCTIONS

UCI GRAN FONDO WORLD CHAMPIONSHIPS



Column 3 of the UCI Table of Sanctions applies

Column 1	Column 2	Column 3
Games and Championships Olympic Games Elite World Championships Men Elite events UCI WorldTour	Games and Championships Under-23 and Junior World Championships Continental Championships Continental Games Men Elite events UCI ProSeries Class 1 Women Elite events UCI Women's WorldTour UCI ProSeries Para-cycling Paralympic Games World Championships World Cups	Men Elite events Class 2 Women Elite events Class 1 and Class 2 Men Under 23 events UCI Nations' Cup Other events Other events UCI Junior Nations' Cups Junior events National events Other events Para-cycling: Other events
<u>Rider:</u> 💰 CHF 200 fine <u>and either</u> 📉 20 points from UCI ranking <u>or</u> ⬇️ relegation of 1 place <u>or</u> 🕒 10 sec penalty <u>Team:</u> 💰 CHF 500 fine	<u>Rider:</u> 💰 CHF 100 fine <u>and either</u> 📉 10 points from UCI ranking <u>or</u> ⬇️ relegation of 1 place <u>or</u> 🕒 10 sec penalty <u>Team:</u> 💰 CHF 250 fine	<u>Rider:</u> 💰 CHF 50 fine <u>and either</u> 📉 5 points from UCI ranking <u>or</u> ⬇️ relegation of 1 place <u>or</u> 🕒 10 sec penalty <u>Team:</u> 💰 CHF 150 fine

SPORTING ASPECTS



NOT Allowed

ANTI DOPING CONTROL



- Niseko Tokyo Grand Hirafu Mountain Center (200m after the finish line) location : <https://maps.app.goo.gl/Tyu8yStkT4Dv7MAZ7>
- Chaperons will identify you at the finish line and guide you to the anti doping control location
- It is the chaperons responsibility to find you after the finish.

CEREMONIES



- Podium ceremonies will be held at the Niseko Tokyu Gran Hirafu
- Location : <https://maps.app.goo.gl/Tyu8yStkT4Dv7MAZ7>
 - 12:00
- The first three of each category must gather next to the podium.
- No hats, caps, sunglasses, open shoes.
- Mandatory in cycling outft (bib + shirt)
- Starting from young to old, alternating men/women

SPECTATORS

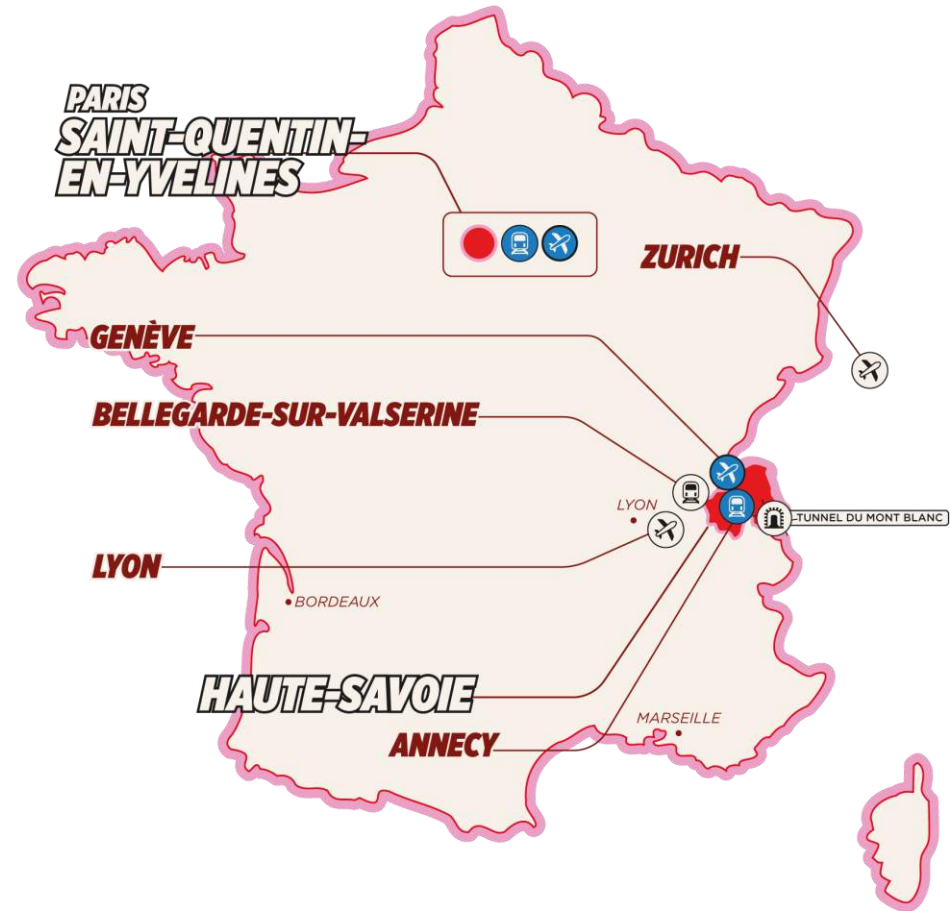


- Live results : https://matrix-sports.jp/lap/26ugfwcs_rr
- Youtube live feed : <https://youtube.com/live/56k2ixs0Coo>

NEXT YEAR

HAUTE SAVOIE – FRA

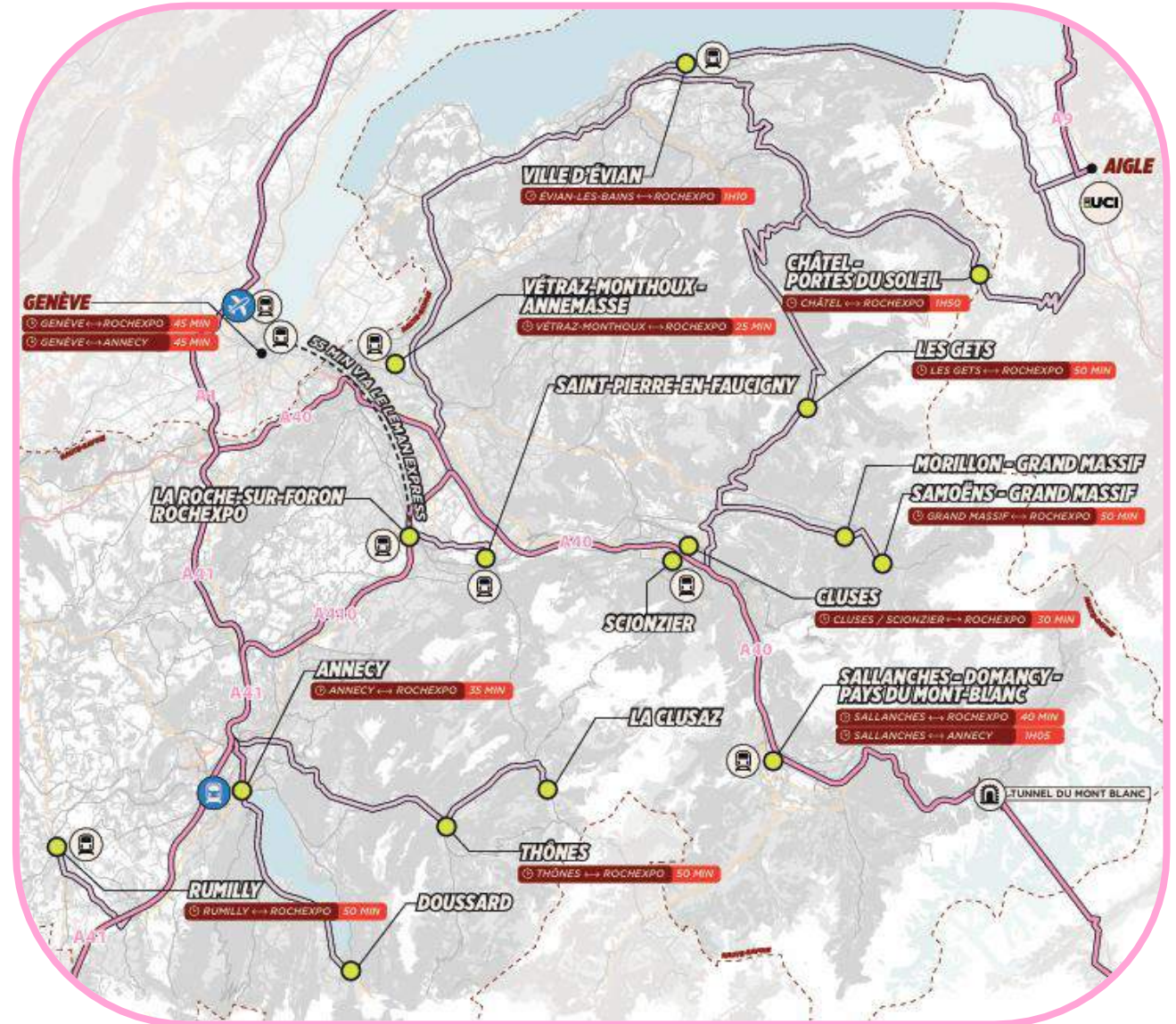
22-24 AUGUST 2027



NEXT YEAR

HAUTE SAVOIE – FRA

22-24 AUGUST 2027



SCHEDULE INFORMATION

2027 WORLD CHAMPIONSHIPS

GRAN FONDO

August the 22th & 24th

August the 21st > Riders confirmation

August the 22th > Race day

August the 23th > Riders confirmation

August the 24th > Race day

Time Trial

Road race

Courses

	<u>Start</u>	<u>Distance</u>	<u>D+</u>	<u>Finish</u>
Time Trial	Thônes	12,70 km	435 m	La Clusaz
Road Race – Gran Fondo	Thônes	115 km	3250 m	La Clusaz
Road Race – Medio Fondo	Thônes	80 km	2150 m	La Clusaz



QUESTIONS ?



THANK YOU – GOOD LUCK!



Unity. Passion. Integrity. Excellence.